

# Mini Science Newsletter

nature india

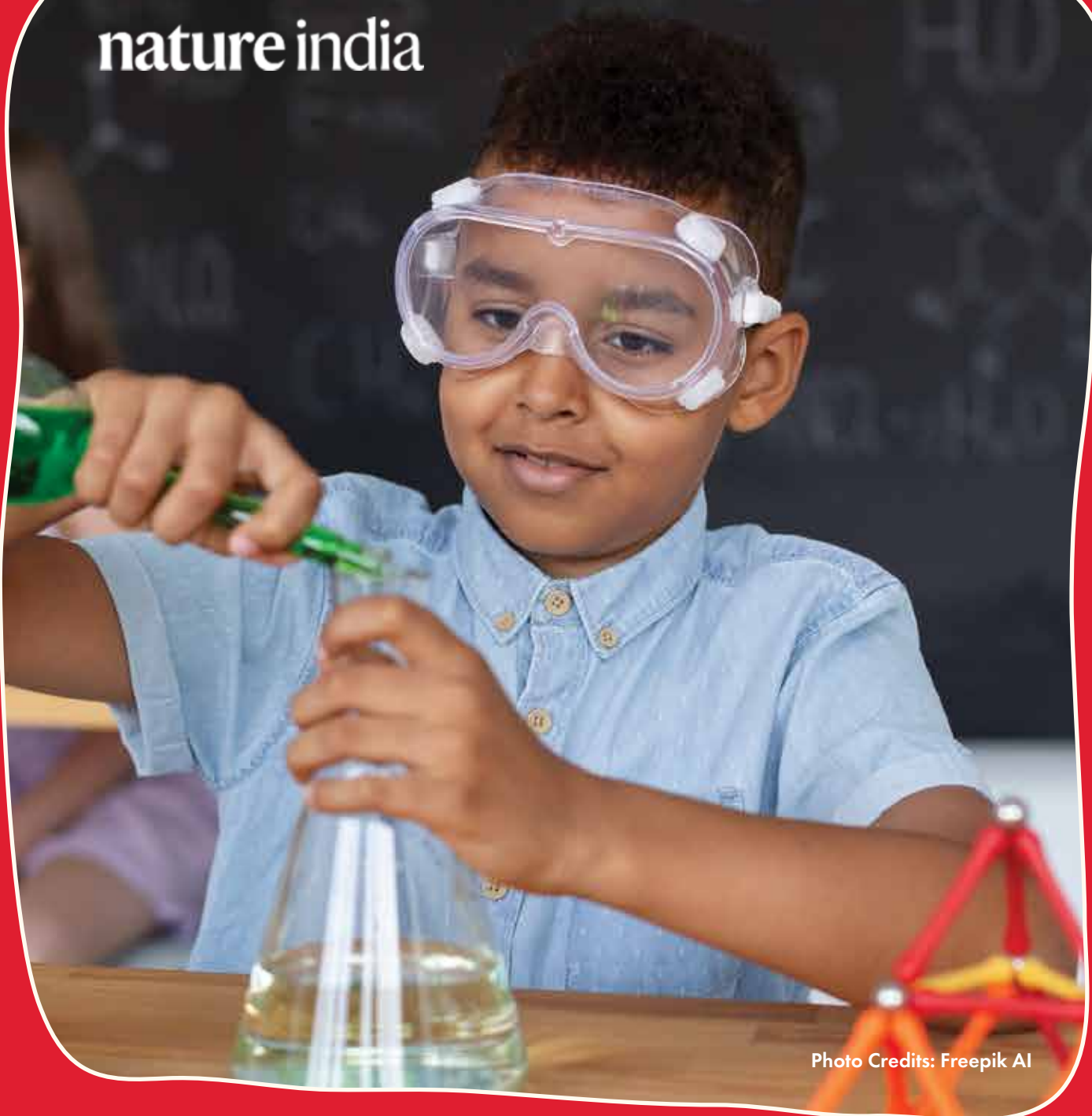


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# Hello young scientists!

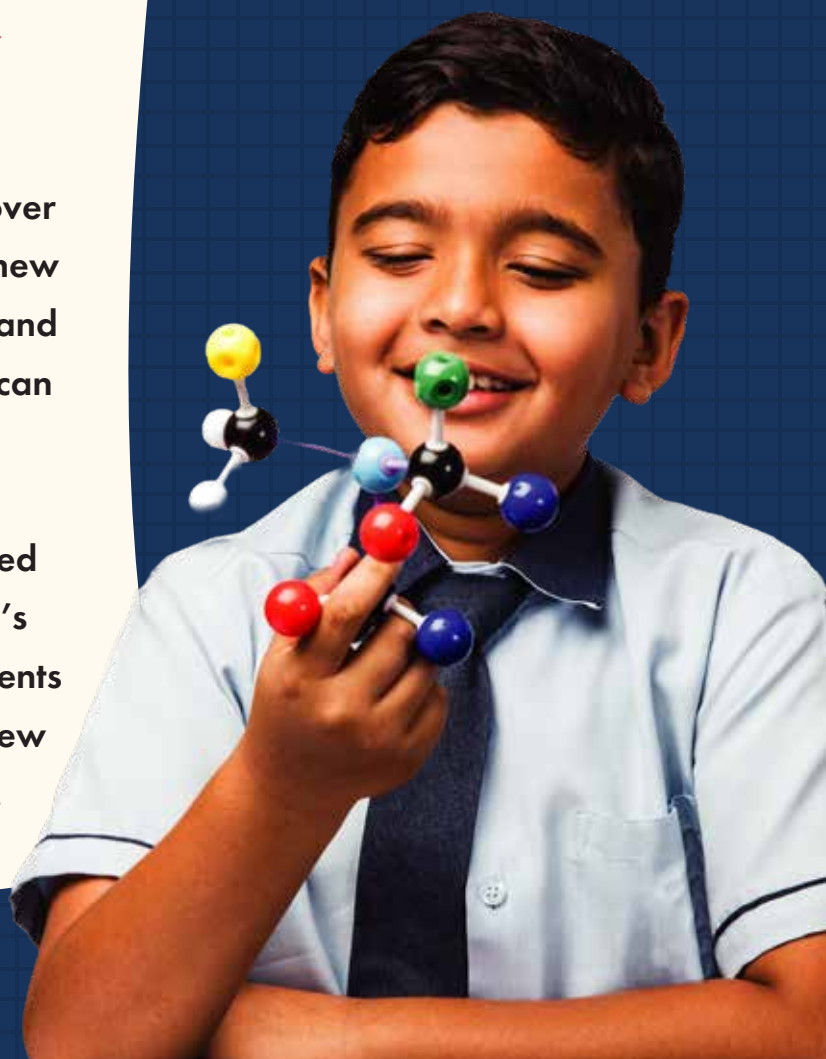
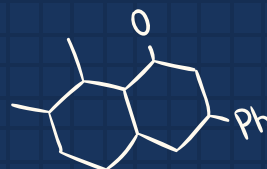
**Welcome to the fourth MINI** (that's a clever acronym for Macmillan Education India and Nature India) **Science Newsletter!**

Here, you'll find exciting discoveries happening right now in India's science. Think of this as a fun way to go beyond your school science books, which do a great job of teaching you the fundamentals.

***But science is all around you, every day!***

This newsletter will help you discover how Indian scientists are making new inventions, solving big problems, and exploring the world in ways that can change our future.

In this issue, we feature a fossilised leaf that tells the history of India's forests, how your great-grandparents can affect your immunity and a new weapon against blood cancer.





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## Leafy fossil tells a history of Indian forests

A 23-million-year-old leaf fossil found in Assam is helping scientists piece together India's natural history. The leaf belongs to an ancient relative of *Nothopegia*, a tree now found only in the Western Ghats. This old forest remnant reveals that long ago, a lush forest strip stretched across India, connecting the two biodiversity hotspots— Western Ghats and northeastern Himalaya.

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**Leaf fossil reveals an  
ancient green highway  
across India**

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**What your  
grandparents  
ate back then  
could affect  
your immunity  
now!**

What if your great-grandparents' diet could affect how you fight germs today? Scientists studied fruit flies raised on a poor diet for over 270 generations and found something surprising: young flies fought infections better than well-fed ones. But as these flies aged, that power faded. It turns out that being strong early in life can come with hidden costs later on. Scientists are still figuring out how ageing and disease affect our immunity, but one thing's for sure, you still need to eat your veggies (no sneaking out of it!)

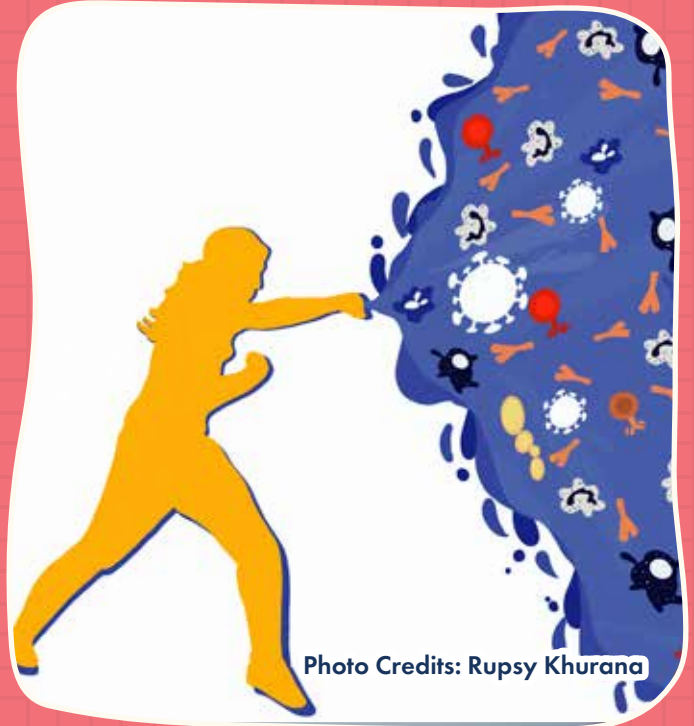


Photo Credits: Rupsy Khurana

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**What fruit flies raised on  
a poor diet tell us about  
ageing and disease**



3



Photo Credits: Nature India

**Can your  
immune system  
work against  
you? Well,  
sometimes!**

Why do some people get severely sick from dengue while others don't?

Scientists have discovered a special type of immune cell that tells other cells to make tons of antibodies to fight the disease-causing virus. But instead of helping, this flood of antibodies can push the immune system into overdrive, accidentally causing trouble.



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**Why some dengue cases  
turn severe**

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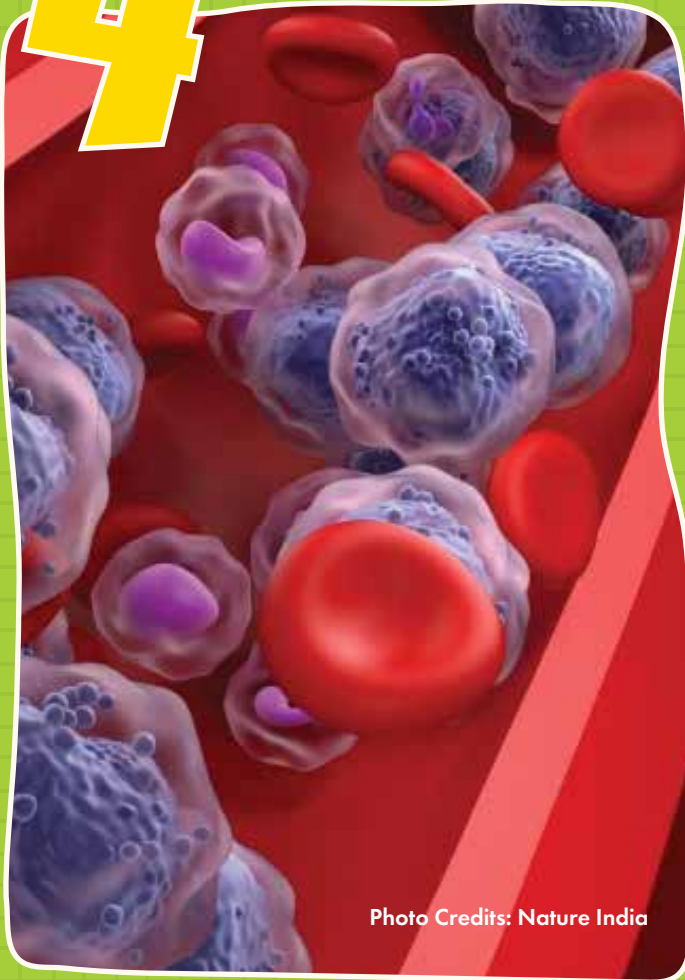


Photo Credits: Nature India

## A new weapon against blood cancer

Scientists have discovered a new organic compound that can stop acute myeloid leukemia (AML), a type of blood cancer. This compound targets only the cancer cells and spares healthy ones.

The researchers found that it tricks cancer cells into stopping their growth and dying—like a “stop” button for the bad cells. This could mean safer treatments without nasty side effects.



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**A metal-free hybrid  
compound to fight AML**

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## Mini vesicles could help deliver medicines inside the body

Scientists have created super-tiny bubbles made from molecules that form cell membranes. These bubbles can swim on their own, without magnetic fields, motors, batteries, or even remote controls.

Think of an oil droplet moving around in water on its own. Inspired by how microbes wiggle and spin, these vesicles could one day carry medicines inside the body or help detect diseases.

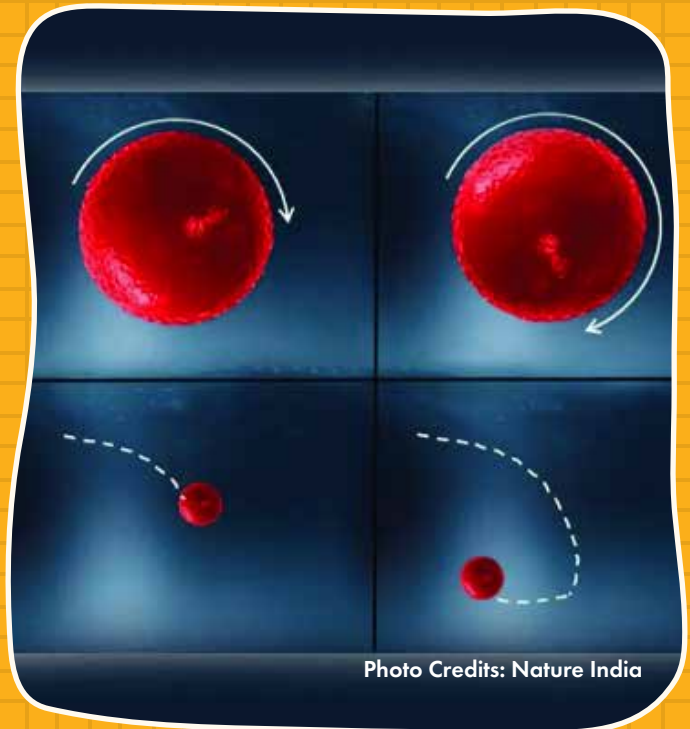


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**Tiny artificial  
vesicles that can  
swim on their own**



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Jayant Vishnu Narlikar was an Indian astrophysicist who studied stars and galaxies and challenged the famous Big Bang theory, which says that the universe was created in a single moment from a single point almost 14 billion years ago. He helped build some of India's top research institutions. Narlikar loved popularising science and wrote several books in English, Hindi, and Marathi aimed at young readers like you to spark interest in science and the universe. You may have come across some of them, like *The Comet*. He passed away in May 2025, at the age of 86.

## Jayant Narlikar: India's star scientist who helped us understand the universe better



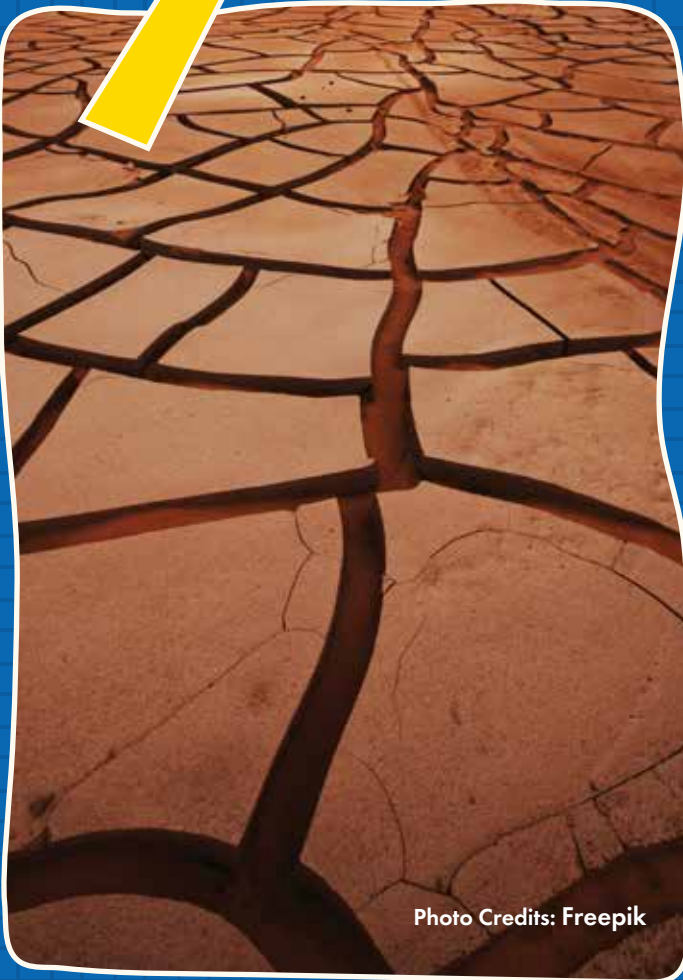
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**Jayant Narlikar,  
visionary astrophysicist  
and science populariser,  
dies at 86**



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## Losing the land beneath our feet



India's land is quietly crumbling in some places. Scientists have found that gully erosion, where rainwater carves deep ditches into the ground, is worsening in eastern states like West Bengal, Odisha, and Jharkhand.

This erosion damages our agricultural fields, forests, and villages. As deforestation, poor land use practices, and climate change take a toll on our landscapes, it is more important than ever to protect fertile soil and stop erosion. Do you have ideas to help save our land for the future?

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**India's erosion crisis  
puts eastern states at  
greater risk**

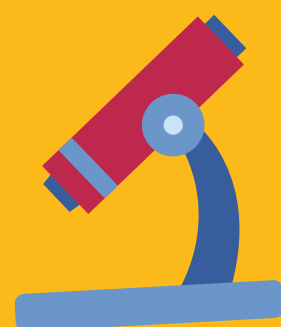


# Macmillan Budding Scientists

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IN ASSOCIATION WITH **INDIAN INSTITUTES OF TECHNOLOGY**

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# Fun Fact

Elephants rarely get cancer. That's because they have extra copies of a special gene called TP53 that helps their cells spot and fix damage before it turns into cancer.

Do you know there are animals in the ocean that can heal their wounds super fast thanks to their extraordinary immune system? Want to find out who? Check out the next issue or write to us if you know the answer!

Text and immunity illustration: Rupsy Khurana

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**Know a fun fact or working  
on a cool science project?**

**Write to us at**

[macmillanmarketing@macmillaneducation.com](mailto:macmillanmarketing@macmillaneducation.com)

**We want to hear from you!**

## Want to learn more?

If there is something you are curious about, ping us at

<https://macmillaneducation.in/>

We will try to include it in the next issue!

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